

JUST SPEAK is a trauma-centered advocacy organization that provides crisis support and resiliency programming for children and youth aged 3 to 17 years. Since 2003, Just Speak has held the survivor story as the connector for a network of trained advocates from a variety of disciplines. We believe that prevention, intervention, and awareness building, based in play and creative expression, leads to healthy socioemotional skills, and ultimately, to a life of resiliency.

After suffering four years of severe sexual and emotional abuse from her biological father, Brittni Kellom founded Just Speak in 2003. Initially sharing one survivor story as a voice for many, Just Speak has evolved into an organization with award winning programming, workshops and presentations, collaborating with various social service agencies across Southeast Michigan.

Our Mission

Bringing a mix of play and researched interventions alive, Just Speak empowers young people with resiliency skills, building trauma-informed schools and healthier communities.



Ms. Brittni Kellom Founder & Executive Director

Our Core Values

- We believe that when youth find their own voice they can advocate for themselves and others.
- We believe that youth are agents for positive change in their community.
- We believe that every youth has a right to a safe space.
- We believe that youth can reinvent themselves in the face of trauma in a way that both builds skills and celebrates life.
- We believe that survivors are lighthouses whose stories shatter silence and serve as universal messages of strength.
- We believe in a world where youth can still believe they are magic-makers and superheroes while reshaping who they will become.

Our Vision

Our future goals include providing a sustainable model for resiliency skill-building that leads to trauma-informed educational systems throughout the country. Working within schools as well as in the community, we hope to build a brick and mortar campus that provides a residential school, community resources, and holistic wraparound support that meets the needs of young people who have experienced trauma and abuse as well as supports their families.

Our Programs

Our programs are designed to educate, empower, and encourage youth ages 3 to 17 to value and seek physical, emotional, and sexual health. Our goal is to not only offer a safe space for youth to find and exercise their own silence-breaking voice, but to also encourage them to become agents of awareness and inspiration in the community. Our programs include a triage of healthcare professionals to facilitate, teach, and support our trauma-centered curriculum.

- ♦ MQVE™ (ages 8-17) Dance therapy providing sensory development along with the physical and social skills associated with dance. MOVE also includes the workshops and programs of outLOUD™, as well as offering tutoring for students in the program.
- outLOUD™ (ages 11-17) a daily onsite program (M-F) throughout the school year. It was created to develop peer allies in schools (grades 5-12), communities, and institutions of higher learning. Our triage of health professionals and clinicians facilitate and lead all facets of outLOUD™.
- ♦ HEALTHYplay SAFEtouch™ (ages 3-10) Designed to develop and reinforce effective coping skills while introducing appropriate touch and body awareness in children ages 3 to 10.